



Health Navigator New Zealand

Video transcript:

Tauhi lelei te Agaga (Vaega II)

[Looking after your wairua (part 2)]

00:00

Ko te fakamalohitino ko he vaega e aogā lahi mo to ola fakateagaga -

00:03

fano havalivali, pe vili,

00:06

kave na tamaiti oi fakatafafao,

00:09

olo oi tafafao I fafo o te fale,

00:10

ma manava ai he ea fou.