

## After giving a *GlucaGen*<sup>®</sup> *HypoKit* injection

Once the person is awake you must give them something to eat and drink.

Give them either a glass of lemonade or fruit juice or a sugary drink.

Follow this with something to eat. Do not give insulin with this.

### Examples include:

- 2 slices of bread or
- A large glass of milk or
- A muesli bar or
- A large banana

Continue as usual with regular meals, with normal insulin. Do not take extra insulin to try to correct for high blood glucose readings for the next 24 hours.

## Side effects of *GlucaGen*<sup>®</sup> *HypoKit*

- Nausea and vomiting can occur after the injection
- Severe side effects are rare

If other reactions occur, discuss this with your doctor.

## How to store *GlucaGen*<sup>®</sup> *HypoKit*

- Store below 25°C
- Protect from direct sunlight
- Do not freeze
- Do not use after the expiry date

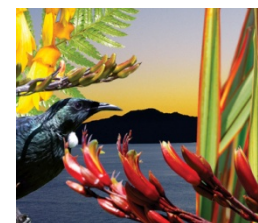
## Further information

See the *GlucaGen*<sup>®</sup> *HypoKit* consumer medicines information leaflet

<https://www.medsafe.govt.nz/consumers/cmi/g/GlucaGenHypoKit.pdf>

Diabetes New Zealand provides a lot of information about diabetes

[www.diabetes.org.nz](http://www.diabetes.org.nz)



# How to use the *GlucaGen*<sup>®</sup> *HypoKit*

*What you need to know*



## What is *GlucaGen® HypoKit*

*GlucaGen® HypoKit* contains glucagon, a hormone which raises blood glucose. It is used when a person with diabetes is unresponsive or unconscious due to low blood glucose (“hypo”).

## When to use *GlucaGen® HypoKit*

Only use if the person with diabetes is unresponsive (does not respond when spoken to, or cannot squeeze your hand when asked) and cannot swallow.

If possible, roll the person onto their side and make sure their breathing is not obstructed.

## Important




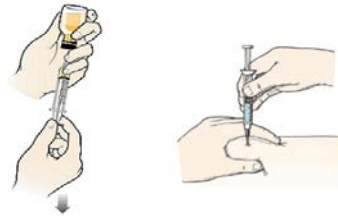
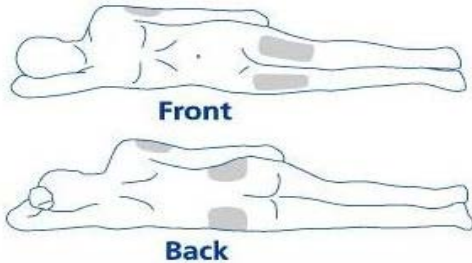
Tell your friends, relatives and close workmates about *GlucaGen® HypoKit*. They may be the ones who need to use it, particularly if you have had frequent or sudden “hypos”.

Inform your family doctor or diabetes nurse if you have an episode requiring *GlucaGen® HypoKit*.

**Always have at least one *GlucaGen® HypoKit* available. Check the expiry date regularly and replace prior to expiry.**

## CALL AN AMBULANCE (Phone 111)

It can take **15 minutes** for *GlucaGen® HypoKit* to work

<h3>How to use <i>GlucaGen® HypoKit</i></h3> <p>Prepare immediately before use</p>		
<b>Step 1</b>	<ul style="list-style-type: none"> <li>Check the expiry date and vial for any signs of damage</li> <li>Remove the plastic cap from the vial</li> </ul>	
<b>Step 2</b>	<ul style="list-style-type: none"> <li>Pull the needle cover off the syringe</li> <li>Insert the needle through the rubber stopper of the vial containing GlucaGen</li> <li>Inject all the liquid from the syringe into the vial</li> </ul>	
<b>Step 3</b>	<ul style="list-style-type: none"> <li>Without taking the needle out of the vial, gently shake the vial until the GlucaGen powder has completely dissolved and the <b>solution is clear</b></li> </ul>	
<b>Step 4</b>	<ul style="list-style-type: none"> <li>While keeping the needle in the liquid, slowly withdraw all the solution back into the syringe</li> <li>Do not pull the plunger out of the syringe</li> <li>Withdraw needle from the vial</li> </ul>	
<b>Step 5</b>	<ul style="list-style-type: none"> <li>Inject the <b>solution under the skin</b> into a muscle (thigh, bottom or upper outer arm - see diagram)</li> <li>You may need assistance to hold the person while giving the injection if they are agitated or having a fit (seizure)</li> </ul>	 <p>Front</p> <p>Back</p>