

# Whakarerekētanga waitohu: werohanga goserelin

(Whakahua 'go-ser-el-in')

He momo haumanu taiaki te goserelin. Ka whakamahia mō ngā mate pērā i te endometriosis, uterine fibroids, mate pukupuku ki te ū me te mate pukupuku ki te repe tātea. E whakamahia ana hoki i roto i te maimoatanga whakaira me te irawhiti.

Mai i te 1 o Noema 2023, ka rerekē te waitohu goserelin. Hei whakarite ka taea tonu e koe te whakapeto ō rongoā, ka whakakapahia te Teva-Goserelin ki tētahi momo kē.

## He aha te waitohu goserelin hou?

E kīia ana te waitohu hou ko **Zoladex** (whakahua 'zoh-lah-deks').

- He rite tonu te rahi o te kai whakauru hohe o te zoladex, ā, he ōrite te mahi ki te Teva-Goserelin.
- Ka werohia i raro tonu i te kiri o tō puku e tō rata, nēhi rānei.
- I roto i te pūwero ko tētahi pōkarakara iti, he rite te rahi ki tētahi tōpata raihi, e pupuri ana i te rongoā. E kīia ana tēnei he kuhi.
- Ina werohia, ka rewa te pōkarakara, ka āta tuku haere i te rongoā ki tō tinana.

### E 2 ngā kaha o te Zoladex:

→ 3.6 mg ka tukuna i ia 4 wiki (28 rā)

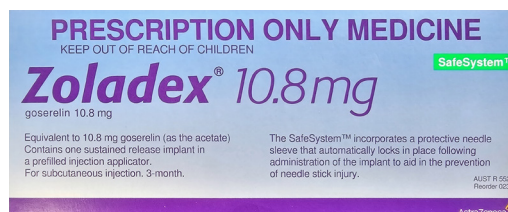
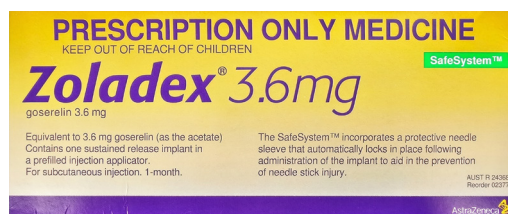
→ 10.8 mg ka tukuna i ia 12 wiki.

E ai ki tō whakamahi, ka tīpakohia e tō rata te pota tika mōu.



### Kia mōhio

Kua whakaaetia a Zoladex e Medsafe i Aotearoa, ā, kua whakaratoa i Aotearoa i mua.



## He mea nui tonu kia kai haere tonu i ō rongoā

Me tōmua te whakarite i tō wā hui whai ake kia whiwhi koe i tō werohanga i te wā tika. Mēnā ka tāhapa i a koe tō wā hui me wawe tonu te whakapā atu ki tō kaiwhakarato hauora.

Mēnā he pātai āu, he māharahara rānei mō te Zoladex, ōna pānga kino rānei, me kōrero ki tō kaiwhakarato hauora. Kauga e whakamutu te kai i ō rongoā.



Mō ētahi mōhiohio anō mō te goserelin, haere ki [www.healthify.nz/goserelin](http://www.healthify.nz/goserelin)

Mō ētahi mōhiohio anō mō tēnei huringa, haere ki <http://pharmac.govt.nz/goserelin/>