

Panonitanga waitohu: pire allopurinol

(Whakahua *al-lo-pew-ri-nol*)

Whakamahia ai te allopurinol hei ārai i te porohau, he momo pona kakā e kakā (pupuhi) ai ngā pona. Ka taea te whakamahi hei ārai i ngā kōhatu tākihi waikawa uric me te nui o te waikawa uric i muri i te haumanu matū.

Atu i te Māehe 2024, ka panoni te waitohu o ngā pire allopurinol mai i te DP-Allopurinol ki te Ipca-Allopurinol.

He aha ngā rerekētanga o te Ipca-Allopurinol?

He rerekē te āhua o ngā pire Ipca-Allopurinol. Ko ngā pire 100 mg he mā ki te kōmā te tae, ā, ko ngā pire 300 mg he pītiti te tae.

Otirā, he ōrite te maha o te kai hohe o roto i ngā pire, he ōrite hoki te mahi.

DP-Allopurinol (TAWHITO)



Pire 100 mg



Pire 300 mg

Ipca-Allopurinol (HOU)



Pire 100 mg



Pire 300 mg

Me kai tonu i ō rongoā

Ka pāngia pea koe e te mate porohau i roto i ngā wiki ruarua, ngā marama rānei, o te tīmata ki te kai allopurinol. Otirā he mea nui kia kai tonu koe i tēnei rongoā i te mea ka ārai i te mate pūmau (tauroa) ki ō pona.

Me kai tonu i tō allopurinol, tatū noa ki te pānga o te mate porohau. Ki te mutu ohorere ka kino ake pea tō mate porohau.

He rongoa wā roa te allopurinol

Ehara te allopurinol i te rongoā whakamaimoa i te pānga o te porohau (mate hārukiruki) - he mea āwhina kē ki te ārai atu.

i Ina kainga haeretia, ka taea e te allopurinol te aukati i te pānga ki te mate porohau.

Mō ētahi atu kōrero mō te allopurinol haere ki www.healthify.nz/allopurinol

